# **Guide: How to create your competency profile**

This guide will help you to map your competencies. You may have skills you haven't yet spotted, or that you usually take for granted. The aim is therefore to map out, both to yourself and to others, your specific competency profile in order to highlight opportunities in your career that you may not have previously considered. You can use your competency profile on an ongoing basis to highlight your strengths, for example at a personal development review, when looking for a new job, or for salary negotiations. As a personal clarification tool, you can use the following method, which consists of three phases:

### **PHASE 1: Tasks and responsibilities**

In phase 1, make a logical outline of everything you can do. Start with your CV and expand it significantly to include your projects and all tasks at your jobs. Also include volunteer work, positions of trust and relevant hobbies. For the sake of overview, you can put it up in a chart, as shown below in example A. The data is provided by an IDA member.

#### Example A

Education Work experience Hobbies / interests	Tasks / responsibilities	Competences	Categorisation
Aarhus University	Graduate engineer		
DTU	PhD (wind turbines)		
DTU	Researcher, Design of Vortex		
DTU	Senior researcher - Project A - Project B		
Siemens	Team Leader		



#### **PHASE 2: Competences**

A 'competence' consists of the knowledge you have + action. For example, if you imagine you are going to hang a picture, you take into account which nails to use, how to hang the picture, the structure of the wall, etc. Then you act based on your knowledge: you hang the picture. In the same way, your work skills are also characterised by knowledge + action.

Now review your tasks and responsibilities one by one and consider the following: What skills did you use at the beginning, during the process and at the end? You may want to refresh your memory by talking to former managers and colleagues or get inspiration on LinkedIn from people who work in the same field as you. See example B.

#### Example B

Phase 1		Phase 2	Phase 3
Education Work experience Hobbies / interests	Tasks / responsibilities	Competences	Categorisation
Siemens	Team Leader	Management of a team     Negotiations with authorities     Chairing meetings     Cross-disciplinary analyses     Contract negotiations     Project responsibilities     Negotiations with suppliers     Strategic/tactical analysis     Financial negotiations     Financial responsibilities     Development of administrative routines	

As you work your way through, the list of skills you have applied will become very long. For the sake of clarity, the list should therefore be systematised, as explained in phase 3.

### PHASE 3: Categorisation

You now need to group your skills under headings, across your job history. In other words, you need to look for some common themes by which your different competencies can be grouped. If you find this difficult, have a look at what skills are in demand in different job postings, or get inspiration from others on LinkedIn. In example C on the next page, you can see how one member has grouped his/her competencies under different headings.



## Example C

Pha	se 1	Phase 2	Phase 3
Education Work experience Hobbies / interests	Tasks / responsibilities	Competences	Categorisation
Siemens	Team Leader	Management of a team     Negotiations with authorities     Chairing meetings     Cross-disciplinary analyses     Contract negotiations     Project management     Financial negotiations     Negotiations with suppliers     Strategic/tactical analysis     Financial responsibilities     Development of administrative routines	Management skills  Management of a team  Chairing meetings management  Cross-disciplinary analyses  Negotiation skills  Negotiations with authorities  Contract negotiations  Financial negotiations  Negotiations with suppliers  Administrative skills  Project management  Financial responsibilities  Strategic/tactical analysis  Development of administrative routines

You now have an overview of your skills, and this gives you a basis for assessing which of them you would prefer to use in your work in the future. This will strengthen you in your job search and/or during a possible personal development review. If it's difficult to prioritise which skills you want to focus on most, you could rank them on a scale from 1-5. Remember to only include the competences relevant to the specific position or company you're seeking,

You can use the competency profile in your job search by integrating your competency CV into your normal CV. We have created an example for you to use as inspiration. The example is on the next page.





## Resuma

Jag har mange års erfaring med elektronikudvikling, herunder strømforsyninger, batterier og -ladere. Desuden-har jog 10 års erfaring med ambedded udhesere, sams 5 års erfaring med mekanikudvikling - både akuminium og plaststøbning. Det ligger mig meget på sinde 20-linderen de tre dicipliner i alle produkter, så produkterne bliver af høj kvalitet, og samtidig med høj slekt og lær riske for fejl bor kunderne. Jog hær dric, lært 5 produkter lige fra ide-udviklingsfærer. til kørende produktion, så jeg foreder til, hvad der kræver, for at en ide kan skabe



## Management skills

- Management of a team
- Chairing meetings management

bundlinjeværdi for virksomheden.

• Cross-disciplinary analyses

### **Negotiation skills**

- Negotiations with authorities
- Contract negotiations
- Financial negotiations
- · Negotiations with suppliers

### **Administrative skills**

- · Project management
- Financial responsibilities
- Strategic/tactical analysis
- Development of administrative routines

2012 - 2022

2005 - 2013

2000 - 2005

Uddannelse

1994 - 2000



Embedded software-udvikler, Konsulenthus Udvikling af software-på Texas Instruments DSP i C++



Mahomingamia: , Syddansk universitet

# Fill in the form yourself

Click on the fields in the form to fill it in. You can also print out the form and fill it in by hand if you prefer.

Pha	se 1	Phase 2	Phase 3
Education Work experience Hobbies / interests	Tasks / responsibilities	Competences	Categorisation



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Phas	e 1	Phase 2	Phase 3
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